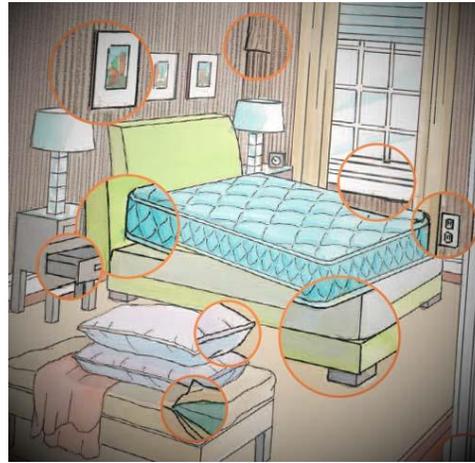


Darke County Bed Bug Resources

- **Darke County Health Department**
 - Answer general bed bug questions
 - 937-548-4196
- **Pest Control Companies**
 - Confirm and treat bedbug infestations
 - List available at health department
- **Catholic Social Services/ PASSPORT**
 - Can provide assistance to residents with financial need
 - 937-498-4593
- **Community Action Partnership**
 - Can help people find resources to deal with a bed bug infestation
 - (937) 341-5000



Places where bed bugs like to hide

Things to Remember

- Anyone can get bedbugs
- Bed Bugs are not related to cleanliness or personal hygiene
- Bed Bugs **can** be eliminated with the proper professional treatment

For more information:

**Darke County General Health
District**

300 Garst Avenue Greenville, OH 45331

Phone: 937-548-4196

Fax: 937-548-9654

www.darkecountyhealth.org

Like us on Facebook!

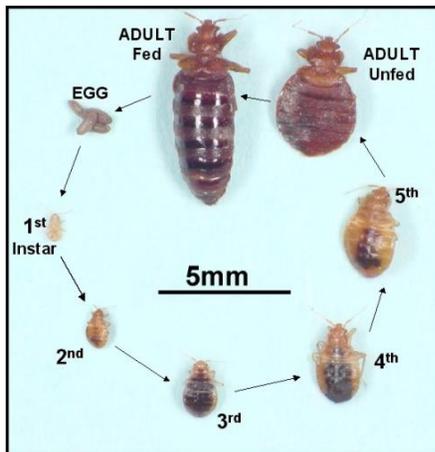


Bed Bugs



What are Bed Bugs?

- **Small insects** which are ectoparasites (external parasites) of humans
- **Live where humans spend a lot of time** including **bedrooms** and armchairs
- Can **travel more than 100 feet** a night to reach a food source
- **Live in cracks** and small spaces during the day. This can be folds in a mattress, or in cracks in the wall
- **Feed on blood** during the night. The bites are painless, but can become extremely itchy, red bumps
- Bed bugs are **not known to transmit any diseases**



Signs you may have bed bugs

- You have **itchy red bumps** which look like mosquito bites. These may occur in lines or rows
- There are **rust covered spots** or smears on bedding and surrounding areas
- You can see **groups of bedbugs** in cracks in the floor, behind wallpaper, or in cracks in the mattress
- You can see the **shed exoskeletons of bedbugs** on bedding

How to Avoid Bringing Bed Bugs into Your home

- **Check all used or rented furniture** for bedbugs
- **Seal cracks and crevasses** around wiring or plumbing
- **Check hotel rooms** for bedbugs, and keep your suitcase off the floor
- **Check backpacks and suitcases** after traveling

What to do if you think you have Bed Bugs

- If you think you have bedbugs, **dry your clothing on the hottest setting the fabric can withstand for at least 30 minutes**
- If you think clothing or bedding is contaminated, **place the items in a sealed plastic bag** until you can launder them
- Things which cannot be laundered can be heat treated or freeze treated by a professional
- Freeze treatment includes getting the core of the object at **23 degrees Fahrenheit or colder for at least 5 days**. Heat treatment includes increasing the core temperature of the item to **120 degrees Fahrenheit for at least 2 hours**.
- If you think you have a bed bug infestation, you should **contact a professional pest control company** to do an inspection

